



## A Bi-Annual News letter from the Department of Journalism March 2019 | Volume XXIX



# RIPPLES

### Re-Dedication of world class St Aloysius chapel paintings after extreme-restoration.

Mangaluru: Saturday 16 February was a great day in the history of the Jesuit run St Aloysius Institutions, Mangaluru, when the Re-Dedication of World Class St Aloysius Chapel Paintings by Italian artist Antonio Moscheni, after Extreme-Makeover/Restoration was inaugurated. The Chapel was blessed by Rev Dr Francis Serrao SJ, Bishop of Shimoga. Nilabh Sinha, Principal Director, INTACH Conservation Institutes (ICI), Art & Material Heritage Division, New Delhi, unveiled the commemorative plaque. Mrs Silvana Rizzi, from Milan, Italy, the great grandniece of the painter Antonio Moscheni presided over the function.

The chapel of St Aloysius College of Mangaluru was transformed into an admirable work of art by the Italian Jesuit Brother, Antonio Moscheni SJ. He was a proficient painter trained in the famed Accademia Carrara in Bergamo, Italy. The Chapel was built by Jesuit Missionaries in 1880 and its interiors painted by Moscheni in 1899, during the Mangalore Mission in 1878. The Italian Jesuits played an important role in education, health, and social welfare of the Mangalorean Catholic community and built the St. Aloysius College in 1880, St Aloysius Chapel in 1884, and many other institutions and churches.

The interior of the chapel decorated with paintings by Antonio Moscheni (1854–1905) that cover almost all of the walls, which is unusual in chapels in India. The paintings are preserved by a recognised board of the nation which maintains and restores all historic artefacts. The central row of paintings on the ceiling depicts the life of Saint Aloysius Gonzaga, to whom the college and chapel are dedicated.

Aloysius earlier life is shown in the first three panels from the rear, the paintings include: Aloysius as a child promising at the Altar of Mary in Florence to dedicate his life to God; Aloysius preaching about God to his townsfolk; Aloysius' first communion; and Aloysius seeking admission to the Jesuit Order. The rest of Aloysius's life is depicted on the wall above the altar. The central picture depicts him serving the plague stricken in Rome. He contracted the disease and died, at the age of 23.

How the Chapel was painted? There are two types of paintings in the chapel: fresco and canvas. A fresco is painted on fresh wet lime plaster walls. The colours get embedded in the lime plaster as it dries up. Frescos cover about 600 square metres of the walls of the Chapel. For an oil painting, the colours are made by mixing pigments with linseed oil. The canvas is made of pure linen of strong close weave. The paintings on the ceilings in the Chapel (about 400 square metres) are in oil on canvas.

With the passage of time the paintings suffered damage due to the humidity and dust and the deterioration had set in. The stitches of the canvases had given way. The canvases were taken down with the help of a special cradle, the paintings were conserved scientifically by removing dust, dirt, and chemical cleaning that revealed



the true colours of paintings which were hidden underneath. The pieces were restitched and the joints were reinforced. After re-stretching the canvas on the frame the paintings were put back in place. The work of restoration was done by specialists of INTACH from 1991 to 1994 under the guidance of Dr O.P.Agrawal.

Speaking to Team Mangalorean about the Re-Dedication of the paintings of the St Aloysius Chapel, Fr Dionysius Vaz SJ, the present Rector of St Aloysius Institutions said, "Italian artist Antonio Moscheni, within just two and a half years had completed the work of painting the whole church, covering a total of 829 sq. meters, with exquisite frescoes and canvasses. All these paintings were badly damaged by rain water seeping through the walls, dust and fungal growth. The paintings were restored by specialists from INTACH-ICI, Lucknow from 1991 to 1994 under the supervision of Dr Agarwal, the then Director of the INTACH-ICI, Lucknow. Dr Agarwal had told us that the paintings need to be examined every 20 years. Hence at our request Nilabh Sinha, Principal Director, INTACH Conservation Institutes (ICI), Art & Material Heritage Division, New Delhi, visited the Chapel. He gave a status report of the paintings and made suggestions for their conservation. The general condition of the paintings he said is fair in the sense that despite their age, about 140 years, the process of deterioration is slow owing to previous conservation".

*contd on page 03*





## The 139th Annual Athletic Meet of St Aloysius College



St. Aloysius College (Autonomous) held its 139th Annual Athletic Meet on 12th December 2018 in the College Centenary Ground. Dr. Gerald Santhosh D'Souza, Assistant Director of Physical Education, Mangalore University was the Chief Guest and inaugurated the Annual Athletic Meet Open. Former 'Mr World' Mr Raymond D'Souza, was the Guest of Honour. The programme was inaugurated by the guard of honor which was lead by NCC cadets fol-

lowed by the office bearers of students council followed by the students of PG and UG. Chief Guest Dr Gerald Santhosh D'Souza in his inaugural speech applauded the Physical Education department for taking initiative in organizing such an event and preparing the students in presenting the thoughtful messages during the March Past. He also reminisced his school and college days spent

in this institution and shared his experiences as a sports student. He said that this Meet is more like a get-together which participation is an achievement in itself. He urged the students to involve more in sports and get laurels to the institution. Besides this, sports will keep us physically fit and mentally strong. He also appreciated the college for providing wonderful sports facilities to students to excel in sports. Rector, Rev. Fr Dionysius Vaz SJ, in his presidential



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remarks said, "It is very exciting moment to see the sea of students participating in this Athletic Meet by spreading wonderful social messages." He also said that "Sports should begin with desire and continue with determination and dedication." The College has introduced a New Sports Policy for students to excel in sports and games, he added.

During the meet, the renovated Gym, Badminton

Court, Basketball Court and Vermibin Unit were inaugurated by the guests. There were various sports events for the students and staff. A tug of war, hundred metres running race, two hundred metres, long jump and relay and various other events. Dr A.M. Narahari, Registrar, Rev. Fr Melwyn Lobo, Finance Officer, Deans, HODs, Class Guides, teaching and non-teaching staff were present during the meet. Rev. Dr Praveen Martis SJ welcomed

the gathering. Athletic Meet Coordinator, Ms Precilla D'Silva proposed the vote of thanks. The students were awarded with the momentous and certificates for excelling in sports and participating. It was a fun filled day for the students and staff of SAC. The day came to an end by lowering the flag until the next sports meet.





(From page 01)... “However, signs of deterioration have started to show in almost all the cases; the paint layer is losing adhesion, cracks in the paint layer are present, many paintings show losses in paint layer, tears, bulging, opening of seam, etc. The time needed for the restoration was said to be 18 months and the estimated cost would be around Rs 1.5 Crores. A team of restorers, made up of specialists in murals and canvasses, from New Delhi were deputed for the work. They set up a Site Conservation Laboratory and started work on the lower side walls till a scaffold having a flat platform was erected for the conservators to stand and work without any accidents” added Fr Vaz .

“The work on the paintings was done after careful study to decide on the treatment needed in each case. The oil paintings were treated without removing them from the ceiling. Nilabh Sinha paid regular visits to study the progress and monitor the quality of the work. An Italian visitor, a painter by profession, had remarked that the restoration work done was very good. The work was completed earlier than planned as

more persons were put on the job than planned in the beginning. Hence the work was completed at the end of December 2018. The illumination of the paintings has been redone with special lights which will not damage the pigments or the bonding materials” said Fr Dionysius Vaz SJ. About Artist Antonio Moscheni :

Antonio Moscheni was born in the village of Stezzano near Bergamo, Italy on 17 January 1854. His artistic ability was discovered early and he was sent to the famed Accademia Carrara in Bergamo. He studied under able masters and acquired considerable proficiency in the art of painting. He then went to Rome to study the masterpieces of the Vatican.

Fresco painting now became his passion. In 1889, Antonio renounced a painting career and took up religious work. But his religious superiors did not wish his talents to be lost and ordered him to paint several churches in Italy before sending him to Mangaluru, to the Chapel of St. Aloysius College. It took him a little over two years to cover the walls and ceilings of the Chapel with paintings.

## St Aloysius College organized Cyclo Walkathon for Pollution Free Mangaluru



St. Aloysius College (Autonomous) organised “CycloWalkathon” to promote Pollution Free Mangaluru on 9th December 2018 at 6:30 am in association with Mangalore Bicycle Club, Sahyadri Sanchaya, D.K. Bus Operators Association and Mangalore Forest Range. Prof. Rohan Fernandes, Associate Professor of English, Srinivas University College of Engineering and Technology, Mangaluru was the Chief Guest. Rev. Fr Dionysius Vaz, SJ, Rector, St Aloysius Institutions, presided over the programme.

Hundreds of student participated in the ‘Cyclo-walkathon’ organised by St. Aloysius College (Autonomous) in association with Mangalore Bicycle Club, Sahyadri Sanchayana, Dakshina Kannada Bus Operators Association and Forest Range,

Mangaluru region on Sunday, 9th December 2018.

Flagging off the event, Prof Rohan Fernandes, associate professor of English, Srinivas College of Engineering and Technology said, “It is a very good initiative taken by the college management and students for raising awareness on ‘Go green’. I liked the slogan ‘Pollution-free Mangaluru’ which is apt for current situation. By this event, we can give a good message to the public.”



Fr Dionysius Vaz, rector, St Aloysius College said, “St Aloysius College has already got nationwide appreciation for its green campaign. Today, with the association of other organisations, we are conducting this event. We are trying to give a message to the public about protecting nature. it will be more effective.”

Sridhar, forest officer, Mangaluru, Joe Gonsalves, chief traffic warden, Mary Pereira, traffic warden, Dr. A M Narahari, registrar, SAC, Principal REV Dr Praveen Martis SJ, Claret Periera, convenor, and others were present. The ‘Cyclo-walkathon’ passed through St Aloysius College, Bunts Hostel, PVS Circle, Ballalbagh, Ladyhill, Urwa Store and other parts of the city.

## Public Lecture By Rev Dr Thampu



St. Aloysius College Mangaluru, hosted a public lecture on ‘Society and the Intelligentsia’ by Rev. Dr. Valsan Thampu, former principal of St. Stephen’s College, Delhi University on Friday, 15 February 2019 at the L F Rasquinha Hall. The dignitaries included Rev. Fr Dionysius Vas SJ, Rector of St Aloysius Institutions and president of the program, Rev. Dr Praveen Martins SJ, Principal of St Aloysius College, Dr A M Narahari, Registrar of the college and convener of the event Dr Alwyn D’Sa, Director of the administrative block. The lecture was organised as an attempt to initiate a dialogue on the position of intellectuals in society today, and the way forward.

“The intelligentsia has the painful responsibility of

serving as an outsider,” said Dr. Thampu. Stressing on the importance of developing a perspective lest we end up as slaves of time, he insisted that the intelligentsia be a voice in the wilderness, backed by Truth. The former principal of St Stephen’s College minced no words in his pertinent critique of the position of intellectuals today. “Today’s age is inhospitable to dialogue. The academia today exists hermetically sealed off from social reality,” he stated. “The disappearance of the intelligentsia today is directly connected to the disappearance of education. Out of an institution, the river of life must flow. The institution must thus be the source of social regeneration, and must exert a positive, humane, regenerative influence - it must kindle life,” he noted.

He hailed the college for being sensitive to the public.

“Unless a society produces its own intelligentsia, it is doomed to destruction. St Aloysius College is the ideal breeding ground for the sleeping, dormant intelligentsia,” he remarked.

The event saw students from around the city and members of the public interact with Dr Thampu after an insightful session. Answering the questions of the audience, he expressed that free speech is a sign of intellectual development. “Your dignity is incomparable to your predicament as a parasite,” he said to a thunderous applause.

Rev. Dr Praveen Martins SJ, Principal of the college,

advised the students to seek wisdom as knowledge without love is just knowledge, whereas knowledge with love is wisdom.

Rev. Fr Dionysius Vas SJ, in his presidential address, remarked that the college stands for humanism, an adventure of ideas and the search for truth. The students had an insightful session on truth and life. Overall, the public lecture was immensely successful in initiating a conversation amongst the youth of the city to be “committed to life and truth,” as Dr Thampu aptly put it. Dr A. M. Narahari introduced the Chief guest and welcomed the gathering. Dr Alwyn D’Sa compered the programme.



## JCO Meghana A Represents RD parade - 2019



Mangaluru 25th January 2019 . Meghana A, a student of St. Aloysius College pursuing her B.sc in second year a Cadet of NCC Army wing is a junior under officer. She represented Karnataka and Goa directorate and the team won respected PRIME MINISTER BANNER after 15 years and created history.

She participated in all three marching contingent of prime minister rally at 2019 Republic day celebrations and also lead the cultural team of karnataka and goa states and won silver medal and got deputy directorate general commendation card. This is a pride for the college and the state.



## Shooting Stars 2018-2019



The department of Journalism of St. Aloysius College, Mangalore organized 'Shooting Stars 2019 - Shoot Beyond Boundaries,' a two-day national level film and media festival which aims to provide a platform for students to showcase their talent and interests in film making and photography.

The inaugural event was held on January 16th at the LF Rasquinha Hall in the campus. The event hosted the award winning actor and director Prathap Pothen as the chief guest. Other dignitaries on the dais included the president of the function, Rev. Fr. Dionysius Vaz, rector of St. Aloysius Institutions, Rev. Dr. Melwyn Pinto SJ, HOD Journalism, staff coordinator Bhavya Shetty and student co-

ordinators Romy Sunny and Larren Menezes. Rev. Dr. Melwyn Pinto, in his welcome address, commented on the widespread international acceptance of Indian song and dance films. Rev. Fr. Dionysius Vaz in his presidential address stressed on how images create attitudes and attitudes create behaviour. "The media must be counted on to bring out the straight forward truth," he opined.

Pothen, in his talk, stated that there is no such thing as a politically neutral stand point as each and every film carried with it the ideology of its creator. Further, he expressed his staunch stance on censorship and artistically responsible freedom. Students were given the opportunity of interacting with him and

posed thought provoking questions. Responding to the queries of the audience, he joked on how his realistic portrayal of the antagonist in '22 Female Kottayam' may have elicited a strong reaction from the viewers. This year along with interactions, several competitions like mock celebrity press, JAM, doodle art, video bulletin, treasure hunt, story telling, short film and documentary were conducted.

The second day commenced with the continuation of the competitions. Various short films and documentaries were screened. There was also an interactive session with Adarsh H. Eshwarappa, director of the film 'Shuddhi' the women centric thriller movie which witnessed 100

days of screening. His journey of making the film and the struggles were really an inspiration for the budding film makers. The students enjoyed asking him intellectually stimulating questions.

The event concluded with the valedictory program with Adarsh H. Eshwarappa as the chief guest, Dr. Alwyn D'sa, vice principle of the administrative block as the guest of honor and the other dignitaries on the dais. Various competition winners were felicitated. This edition of Shooting Stars evolved into a two-day media festival that celebrated the art of film making. With the theme 'Freedom of Cinema', the fest hoped to encourage budding filmmakers as it has been for over a decade



## International Conference on Nanotechnology: "Opportunities and Challenges"

The Department of undergraduate and postgraduate studies in Chemistry, St. Aloysius College (Autonomous) Mangaluru, organized a two day international conference on "NANOTECHNOLOGY: OPPORTUNITIES AND CHALLENGES" on 10th and 11th of January, 2019 in the L.F. Rasquinha Hall of LCRI block. Prof. Karanam Uma Maheshwar Rao director, National Institute of Technology Karnataka (NITK) Surathkal, was the chief guest. Rev. Fr. Dionysius Vaz SJ, the rector of St. Aloysius Educational Institutions presided over the program. Rev. Dr. Praveen Martis SJ principal, St. Aloysius College, Mangaluru, released the book of abstracts. Prof. Zineb Mekhalif, director of laboratory of Chemistry and Electrochemistry of Surfaces (CES), University of Namur, Belgium, delivered the keynote address. Chief Guest, Prof. Karanam Uma Maheshwar Rao director, NITK, Surathkal in the inaugural address, highlighted the recent advances in the field of Nanoscience. He also exem-

plified the importance of the Gold and Uranium in the field of mining. He posed the challenges of Nanoscience saying that it would be the end of the world if Nano robots would take over humans if the field was misused. He gave a call to carefully utilize the benefits of Nanotechnology as this field provides immense scope for scientific improvement. Rev. Fr. Dionysius Vaz SJ in his presidential remarks said that, the department of chemistry have been instrumental in organizing innovative programs throughout the year.

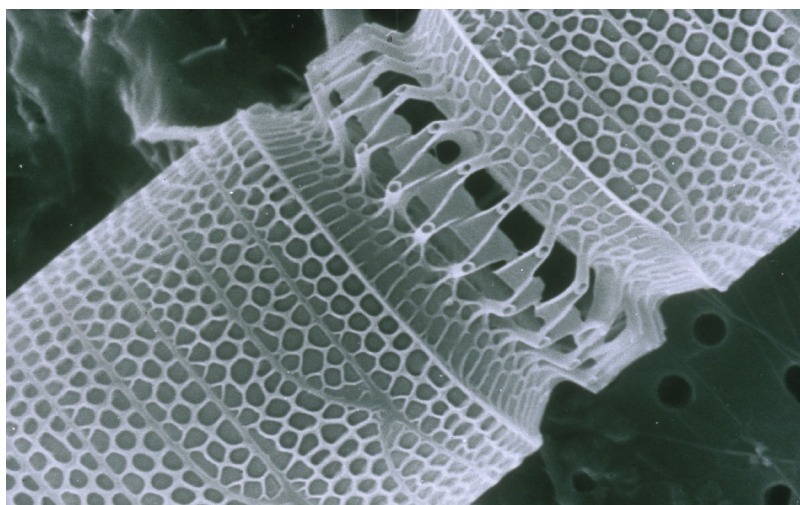
One of which, the international conference was another innovative achievement and highlighted the usefulness of nanoscience and nanotechnology for the betterment of the society. Addressing the gathering, Principal Rev. Dr. Praveen Martis SJ said that there is uniqueness in the field of Nanoscience. The field is highly exploited and is still rapidly growing with several challenges. This field is providing enormous opportunities to the scientists. He also quoted the contributions of Michael Faraday

and Richard Feynman of this field and highlighted the innovations of nanotextiles, nanoflaments, etc.

Dr. Richard Goncalves, director of LCRI block welcomed the gathering. Dr. Ronald Nazareth, the convener of the program introduced the chief guest Prof. Rajgopal Bhat head of department of UG Chemistry who graced the occasion. Ms. Prema Cealla Pais, the organizing secretary proposed the vote of thanks. Ms. Prajna from M.Sc Chemistry compeered the program and Prof. Zineb Mekhalif, delivered the key note address.

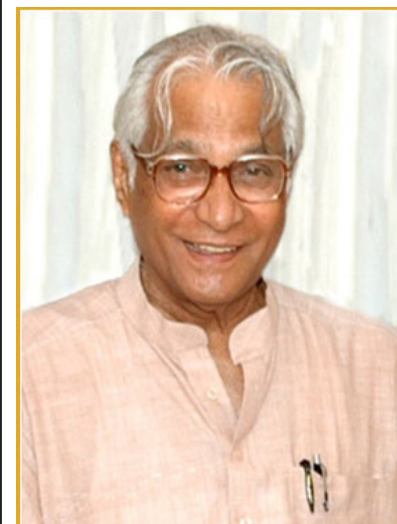
Besides these, Dr. Simon Detriche, Mr. Arvind. K. Bhakta, Mr. Sebastien Vivegnis from University of Namur,

Belgium, Dr. Arun Isloor, NITK Surathkal, Ms. Danica Pinto University of Edinburgh, Scotland, Prof. Eshwaramoorthy, JNCASR, Prof. Suresha SJ-Technology Manager, MNCF, CeNSE, IISc, Bangalore, Dr. Navinchandra G Shimpi, University of Mumbai, Dr. Belkhiri Samir from Algeria, Dr. Halley Menezes from Japan delivered varied lectures during these two days. The valedictory program was held on 11th January, 2019 at 3:15 PM in Fr. LF Rasquinha Auditorium (LCRI). Prof. Zineb Mekhalif, was the chief guest of the valedictory program. Rev. Dr. Leo D'Souza SJ director, Laboratory of Applied Biology, St. Aloysius College, Mangaluru presided over the program.



## OBITUARY

GEORGE MATHEW  
FERNANDES



The Former union minister held several ministerial portfolios including communications, industry, railways, and defence under the union of India. He was a Alumnus of St. Aloysius High school. He was Born in the year 1930 at Mangalore. He breathed his last on 29th January 2019. His contribution to the SAC library is remarkable. He is the only defence minister to serve the army during the Kargil war. He was very popular among the railway workers union. May the valued soul rest in peace.

Sr. Reshma D'Souza



Our dear Sr. Reshma D'Souza of Ursuline Franciscan Sisters (UFS) congregation of Mangaluru Province from Bejai convent. She was pursuing her BA in sociology at St. Aloysius College. She passed away on 21st January 2019. It came as a shocking news for the students of college, the teaching fraternity, the staff and administration, to accept the fact of the demise of Sister. A person with pure soul who cared about others. An active and a vibrant student in the classroom. She always had a smile on her face. She would never miss to greet a single student or lecturer in the class everyday. One thing she always used to tell "Spread love". Your smile will never fade from our minds.



## National Level Workshop and Conference



The Post Graduate Department of Biochemistry, St Aloysius College organised a two-day National Level Workshop "Bioanalysis" on 21st and 22nd February and a one-day National Conference on "Recent Advances in Biochemistry" on 23rd February on the occasion of decennial year celebration of the department.

The National Conference was inaugurated by the chief guest Dr. Cletus D'Souza, Professor, Department of Biochemistry, Mysuru University. In his inaugural address, he enlightened the students about the evolving trends in biochemistry. The guest of honour Dr. G Muralikrishna, Former Head of the Department of Biochemistry

& Chief Scientist (Retired) at CSIR-CFTRI, Mysuru, laid emphasis on the need for the students to take up research in their areas of interest. He also highlighted the importance of presenting research papers.

Rev. Fr. Dionysius Vaz SJ, Rector, St. Aloysius Institutions, Rev. Dr. Praveen Martis SJ, Principal St Aloysius College and Rev. Dr. Leo D'Souza SJ, Former Principal, St. Aloysius College were present.

Many students from Goa, Bengaluru, Kerala, Mysuru and Mangaluru attended this workshop and conference. It proved to be a very informative and illuminating workshop and conference for all the students who were present there. It was a very informative programme.

"PRERANA" means INSPIRATION; 20 years ago, the Department of Hindi in association with Hindi Sangha started organizing an inter collegiate Hindi fest "PRERANA" to inspire and bring together the students of different colleges and to give them an opportunity to showcase their hidden talents. The event has inspired many students and even the coordinators of the fest to organize this event more innovatively each year. The theme for the fest was "Ek Kadam Apni Pehchaan Ki Oor" which would help students to take a step further in shaping their personality.

The inauguration of "Prerana" fest was held on 21st January 2019 at 9am in the LCRI hall. The event was inaugurated by the chief guest Dr. N. P. Narayana Shetty, Principal, Bhandarkars College, Kundapura; president of the function, Rev. Dr. Praveen Martis SJ, Principal, St. Aloysius College; President of Hindi Sangha Ms. Sandhya U. Sirsikar; Ms. Roicy Rekha Braggs and the secretary Mr. Mohammed Munees by lighting the lamp.

## Prerana 2019



Ms. Sandhya U. Sirsikar welcomed the gathering; Dr. N.P. Narayana Shetty enlightened the students with his words of wisdom while Rev. Dr. Praveen Martis SJ delivered the presidential address. At the end of the ceremony, "Prerana 2019" magazine was unveiled.

The inaugural was followed by various competitions throughout the day; Poetry Writing, Quiz, Rangoli, Musical.ly, Qawwali and Dance were held. The valedictory ceremony commenced at 3.30pm. Mr. Ambarish Kumar Singh, Member Secretary, Corporation Bank, Mangaluru, the chief guest; Dr. Alwyn D'Sa, Director, Admin Block, St. Aloysius College, the president of the function; Dr. Mukunda Prabhu, HOD, Dept. of Hindi; President of Hindi Sangha Ms. Sandhya U Sirsikar; Ms. Roicy Rekha Braggs and the secretary Mr.

Mohammed Munees were present at the event. Mr. M.A. Nadaf welcomed the gathering, Mr. Ambarish Kumar Singh rendered a heart warming speech, and Dr. Alwyn D'Sa delivered the presidential address. The core committee was appreciated by the dignitaries for all their efforts.

Participation certificates were given to all the students who participated in the fest, winners of various events were felicitated with prizes. The overall trophy was bagged by Alva's College Moodbidri and runners up trophy by University College, Mangaluru. The event concluded with the screening of "Making of Prerana 2019" and vote of thanks by Ms. Tinku Kunwar.

The effort put in by the lecturers, students of the Hindi department and Hindi Sangha to organize the fest turned out to be a successful one.

## "Dindima-2019" - A Kannada Cultural Fest



The Kannada Sangha of St. Aloysius College, Mangaluru organized a one-day district level Kannada cultural fest "Dindima-2019" on 14 February 2019 at Eric Mathias hall. Yakshadhruva, Sri Satish Shetty Patla was the chief guest and he inaugurated the fest. Principal, Rev. Dr. Praveen Martis SJ presided over the program. Dr. Saraswathi Kumari, HOD of Kannada department, Ms. Precilla D'Silva, coordinator of extra-curricular activities, Ms. Sudha Kumar and Ms. Priyanka, presidents of Kannada Sangha. Suhan Pinto and Manoj K, Secretaries of Kannada were also present on the dais.

Sri Sathish Shetty

Patla in his inaugural address, congratulated the department of Kannada for organizing the unique event which promotes Kannada language and its culture. He expressed his joy and excitement at the meaningful event. He said that the college has set an example for others in organizing such a great event for displaying the hidden talents of the students. He advised the students to never forget their parents and exhorted them to focus on their goals and that surely, success will be theirs. He concluded his address by advising students to contribute to the society and the under privileged class of the society. He enumerated the services

undertaken by his foundation, Yaksha Druva Patla for promoting Yakshagana and its artistes.

Rev. Dr. Praveen Martis SJ, principal and president of the program congratulated the Kannada department and Sangha for organizing the Kannada fest. He distinguished between learning and talents. He expressed his happiness on the extra curricular activities conducted by the Kannada department. He advised the students to use their talents for the empowerment of society.

During the fest, competitions like Bhavagayana, Bagbhana, Jhenkara, Yakshamukha Varnike, dance and poetry writing were organized. Around 300 participants from 18 colleges of D.K. and Kasaragod district participated in this fest. Ms. Sudha Kumari briefed about the program. Priyanka introduced the chief guest and welcomed the gathering. Royster from 2nd year B.Com compeered the program. Manoj K. proposed the vote of thanks.

## Paris, je t'aime



The second edition of the French fest, 'Paris, je t'aime' organized by the French students of St. Aloysius college, was held on Saturday 08 December, 2018. Two schools and four colleges participated in it. The event was inaugurated by the chief guest Dr. John Edward D'Silva Director of Xavier Block, accompanied by the French Professor, Mr. Ronald D'Souza and the student convenors, Miss June Mariette Monteiro, Miss Rupal D'Souza and Miss Pia Simone Menezes. The chief guest in his address to the students spoke the importance of studying a foreign language. The programme was followed by competitions such as pick and speak, essay writ-

ing, poetry recitation and various other competitions that engaged the students until noon. Dr. Alwyn D'Sa, Director of administrative block was the guest of honour for the valedictory function. A cultural programme was put up by the French students which was followed by the felicitation to the participants.

The overall championship at the school level was bagged by Manipal school, while the overall championship and the runners up trophy at the college level were bagged by St. Agnes PU college and St. Aloysius PU college respectively. The event was conferred by Miss Veeksha Shetty.



## 139TH ANNUAL DAY OF ST. ALOYSIUS COLLEGE



St. Aloysius College (Autonomous) celebrated its annual day with the theme 'Samrakshana: Accompanying Youth in Preserving Our Common House' on Friday, March 8 at the college grounds.

Dr. Ullas Karanth, director of science - Asia, Wildlife Conservation Society, New York was the chief guest for the event.

In his inaugural address Ullas Karanth said, "Wildlife conservation stresses on the message of allowing other creatures on this earth to live. The subject speaks on love for nature, knowledge about the scarcity of natural resources and protection of nature." He further said, "When I was born, India had 80 per cent poverty. But now it has dramatically reduced. The improved standard of living has automatically increased people's material aspirations. This directly affects the natural resources and ultimately it's the humans who suffer. Development is not necessarily bad. But same time we should avoid the bad developmental projects. These projects harm nature, affect wildlife and

finally humans. So there is a need for timely awareness." Rector of St. Aloysius institutions, Fr. Dionsyus Vaz in his presidential address said, "The expert committee who visited the college as a part of inspection for Deemed University status, commented that they saw a dedicated and committed campus."

"Our students and faculty love the campus. I salute all who are a part of this college. On the occasion of the 139th college day, we have chosen the theme of saving biodiversity. Humans cannot live without biodiversity. Protection of nature and conservation of wildlife is very important because this is a gift we pass on to our future generations. The mission of

conservation should be taken by today's young generation. Hope the theme of 139th college day will inspire our students regarding this," he added.

The annual report of the academic year was presented by Rev. Dr. Praveen Martis SJ, the principal of the college. It was followed by a video presentation highlighting the success of the college of the past year. Prof. Raj Gopal Bhat the convener of the college day delivered the welcome address. Following the address by the dignitaries, the meritorious students and sports achievers were honored with mementos and certificates.

After the stage program various cultural events were performed by students.

Dr. A. M. Narahari, registrar, Fr. Melwyn Lobo, finance officer, Fr. Denzil Lobo, director AIMIT, Fr. Pradeep Antony, Dr. John E. D. Silva, Dr. Alwyn D'Sa, Dr. Richard Gonsalves, Dr. Laveena Lobo, director, Fr. Melwyn Pinto, director Radio Sarang and Konkani Institute, Dr. Saraswati, convenor, Relston Lobo, president student council were present on dais.



## YOGA IS THE JOURNEY OF THE SELF THROUGH THE SELF TO THE SELF



Yoga and Mudra Camp inaugurated at St Aloysius College

The Yoga and Mudra Camp for staff and students was inaugurated at St. Aloysius College on 3rd December, 2018 in the college auditorium. Mr. Kumara, KAS, additional deputy commissioner and additional district mag-

istrate, D.K. district was the chief guest. Rev. Dr. Praveen Martis SJ, Principal presided over the program. Yogaratna Golapakrishna Delampady, an alumnus of St. Aloysius College, demonstrated Yoga and Mudras for the staff and students of St. Aloysius College. Chief guest Mr. Kumara in his speech thanked the organizers

for conducting the camp. He explained the importance of yoga in our daily life. "Yoga is not only good for our body, but for our mind. It has some power and we must understand it and practice it on a regular basis. We don't require so many health centers, instead we require these kinds of camps", he said. He advised that, "If we practice Yoga for an hour, it will take care of our body for the next 23 hours. Hence, yoga is the only way to take care of our body and mind. There are so many doctors for different body diseases but there is only one doctor for the mind i.e. Psychiatrist", he added.

Further, he stated that organizing such yoga camps



To commemorate the 450th birth anniversary of St. Aloysius Gonzaga, the new building of St. Aloysius Gonzaga School, a part of the prestigious 139 year old St. Aloysius College Institutions was blessed and inaugurated on 5th December 2018 at 3.30pm. A full-fledged school affiliated to the CBSE, Delhi having a six storied building has been erected in Kodialbail, Mangaluru. The magnificent school building has 52 ultra modern classrooms, spacious library with more than 15 thousand books, computer labs, science laboratories and indoor games area. The school building is well equipped with facilities for extra-curricular and co-curricular activities.

The newly built edifice will be blessed by the Bishop of Mangalore Diocese, Most Rev. Dr. Peter Paul Saldanha and inaugurated by the Provincial, Karnataka Jesuit Province, Rev. Dr. Jerome Stanislaus D'Souza SJ in the presence of the Rector of St. Aloysius Institutions, Rev. Fr Dionysius Vaz SJ and the manager of St. Aloysius Gonzaga School. Rev. Fr Melwin Mendonca SJ. The special invitees for the occasion are State Minister for Urban Development and Housing, Sri. U. T. Khader, MLA- Vedavyasa Kamath, MLC- Ivan D'Souza and Mayor of Mangaluru City Corporation, Sri. Bhaskar K. Thus the inauguration turned out to be an auspicious success.



will help the people to move towards a healthy and tension free society. Rather than medication, meditation is important. Yoga is the only way to spread positivity. Hence, he suggested to the audience to learn yoga and the mudras and live a peaceful and healthy life.

Yogaratna Golapakrishna Delampady, in his speech, explained the importance of yoga. He said yoga is a symbol of peace in mind and spiritual achievement which means a sound mind in a sound body. He further added that, practicing yoga will make one feel relaxed, relieved and tension free.

Addressing the audience, Rev. Dr. Praveen Martis

SJ stressed on the importance of practicing yoga for peaceful and healthy life. He further added that yoga will improve concentration and memory power of students and gave the message to practice yoga regularly. He explained how foreigners are inspired by yoga and practice yoga. Yoga and Mudra go hand in hand and meditation will purify our mind, he added.

Manasa and group conducted the prayer. Dr. Ishwar Bhat, convener of the camp welcomed the gathering and introduced the guests. Dr. Santhosh Wilson Goveas, co-convener of the camp, compeered the program and proposed the vote of thanks.



## RASAM 2019 A MALAYALAM FEST



The department of Malayalam organized a national level seminar with a theme “Samskaravavum Sahithyavum (Culture & literature of Malayalees)” on 14th February 2019 at LCRI Hall. The program was inaugurated by Prof. Valsan Peelikodu, the Orator/keynote speaker of the seminar. The program Coordinator, Mrs. Rethnamma faculty of Malayalam SAC, Dean for PG Studies, Dr. P.P. Sajimon, Sri Ganesh Amin Sankamar dean of SAPUC, Nibin Manuel were present on the dais. Prof. Valsan Peelikodu spoke about his view points on Malayalam culture and its gradual change from his time until now. He also gave a definition of culture and tradition of Kerala.

Addressing the audi-

ence, Dr. Alwyn D'Sa Director of admin block said, “Being among all you Malayalees here, I feel like a celebrity hailing from a different community. I have always appreciated the qualities and characters of the Malayalees, and today on this auspicious occasion I got the chance to express my thoughts about you all.”

Dr. Sajimon also spoke in Malayalam, narrating about the Malayalam culture and tradition.

The vote of thanks was proposed by Nibin Manuel, and Ms. Nikita George conferred the program. Students performed a traditional Kerala dance, Prof. Valso Peelikodu took over the session to deliver keynote address on the topic “Samskaravavum Sahithyavum”.

## ALOYSIAN LITERATURE FESTIVAL 2019

The inauguration of the first edition of Aloysian Literature Festival (ALF) was held on 9th February 2019 in the Robert Sequeira Hall, LCRI Block. ALF is organized by the Department of Post-graduate Studies and Research in English, St. Aloysius College (Autonomous), Mangaluru.

This year's festival is envisaged with a clear thematic concern that is conservation of ecology. The inauguration began with an audio/ video representation showcasing the importance of preserving the habitats of indigenous Warli people. Principal Rev. Dr. Praveen Martis, SJ inaugurated the programme. Rev. Dr. Dionysius Vaz SJ, Rector of St. Aloysius Institutions, presided over the program.

Principal Rev. Dr. Praveen Martis, SJ in his speech congratulated the organizers for taking initiative to organize such an innovative programme. India is a country of biodiversity. The Warlie Tribe (Adivasi) are the indigenous people who needs the support. They lose their art and culture due to diversity. We must preserve the art and



culture of such community through educating people by organizing such programmes, so that the younger generation can spread awareness to preserve the rich art and culture of our country. He wished well for the organizers as well as participants.

Rev. Dr. Dionysius Vaz SJ, in his presidential remark congratulated the department for organizing such a meaningful programme. He said that, “Due to the unplanned and the shortsighted economic growth, ecological diversity and the poor will suffer a lot. He quoted that when we are closer to nature, we are close to God. Hence, preserve the nature, culture and art which is real the wealth of our country. Registrar Dr. A. M. Narahari, Convener of ALF, Girish

N, HOD of PG Studies and Research in English Dr. Melissa Goveas, Student Coordinator, Mishelle D'Souza, were present on the dais. Girish N. welcomed the gathering. Bhavya of II M.A. compered the programme. Dr. Melissa Goveas proposed the vote of thanks.

There was a film appreciation workshop by Abhaya Simha a renowned director and screen writer on 9th and 10th Feb. a seminar on ecology and literature was inaugurated by Prof. Dr. Chandrashekara Kambara. Shri Satish Acharya Took a session Workshop In Creating Cartoons. The fest came to an end with showcasing of Two plays Sethu Bandha and Ascharya choodamani by ninasam tirugata.

## THE SEASON OF THANKING AND GIVING HAND TO THE POOR CELEBRATED

With an intention to promote Inter-Faith Harmony, St Aloysius College (Autonomous), Mangaluru hosted “Christmas Celebrations-The Feast of Giving” on Monday, 17 December 2018 in Frs L F Rasquinha Auditorium (LCRI) from 4 pm onwards. This Inter-Faith Harmony programme is not just a message, it has to be adopted in our everyday life. Some holidays remind us of the values that unite humanity, and the annual season of Christmas is one of them. Though the holiday has many interpretations, the actual meaning of Christmas is sharing, caring and giving, to commemorate the Birth of Jesus Christ.

Christmas is a universal feast, and people of all religion, caste and creed celebrate it very joyously and merrily. Many faiths come together to celebrate Christmas for many reasons, but the common theme unites them all. In today's complex world, the need to accommodate diversity and find common ground is as rel-

evant as ever. The display of colourful lights and stars during Christmas has been designed to reflect “a highly inclusive, all-welcoming celebration of peace and harmony,” and that Christmas reminds us “to keep improving spiritually in this lifetime — through unity in thought, word and deed, and also in ‘Sharing, Caring and Giving’.”

The programme began with a prayer rendered by the College Choir, followed by reading religious quotes from Bible, Quran and Bhagavadgitha by students of three different faiths, supervised by Fr Felix Victor SJ. After a mesmerizing welcome dance, followed by a short skit depicting the origin of Birth of Jesus Christ, which enthralled the audience and received loud applaud. The welcome address was delivered by the programme coordinator Anup Denzil Veigas, from Department of English.

The celebration was inaugurated by placing baby Jesus Christ in the crib, by the dignitaries of the occasion,



namely Dr GG Laxman Prabhu - Neurologist, KMC-Mangaluru; Fr Derick D'souza- Director, Divine Mercy Retreat Centre-Mangaluru, Hyder Ali- Assistant Professor, Govt First Grade College-Bantwal; Rev Dr Praveen Martis SJ- Principal, St Aloysius College, Mangaluru; and Anup Denzil Veigas-programme coordinator. In his address to the audience, Fr Derick D'souza briefing about Dharma said, “Dharma is part of many religions or spiritual beliefs that began in India. It means the law of spiritual growth of believers. In Hinduism, dharma is the spiritual law for human beings. It is the way of goodness, truth and duty. When people follow

dharma, they feel good about themselves, and life is most rewarding”.

Hydar Ali speaking on the occasion said, “It gives me immense pleasure to come back and speak to you all since I was a faculty here a few years ago. We need to appreciate the service done by the Christian Community in the field of Education, Social Service, Helping Others, and the teachings of Human Values and Service Motive. Jesuit priests have done yeomen service to thousands of students who have passed out of this institution, and holding a great position in the nation and abroad. This is indeed a unique celebration initiated by St Aloysius College, in promoting Inter-Faith

harmony. Today this programme highlighting harmony during Christmas has brought us altogether irrespective of religions. As Christmas day approaches it calls upon us to stand against hate, jealousy, communal disharmony etc and spread the joy of Sharing, Caring and Giving”.

The vote of thanks was proposed by Relston Lobo- President of Student Council, while the formal part of the programme was compered by Miss Rupal D'souza, and the cultural part was compered by Miss Smitha Fernandes and Joyston D'souza. And while we celebrate the meaningful Christmas of Sharing, Caring and Giving, let us also hope for peace and harmony- ending this report with the lyrics from the Song “Let there be peace on Earth”.

Thus this programme was an eye opening to promote peace tolerance religious harmony among the students. the programme was a grand success.



## KALARAVA - The Cricket Tournament for the Visually Impaired



'Kalarava- 2019' was a two-day State Level Inter-School Cricket Tournament & Cultural Fest for the Visually Impaired Children organized by Sahodaya Association. The event was held on 13 and 14 January, 2019. The special attractions of this year's Kalarava was the Cricket Tournament, Variety Entertainment, Mimicry & Quiz competitions for the visually impaired children.

The event was inaugurated by Padmashree Lakshman Shekhar Naik, former captain of the Indian National Cricket Team of the Blind on 13 January, 2019 at 9.00am in the St. Aloysius College Centenary Ground. The following schools participated in the fest. The Deepa Academy for the Differently Abled - Bangalore, Shree Sharada Devi Andhara Vikasa Kendra - Shimoga,

The Deepa Academy for the Differently Abled - Chamaraanagara, JSB Free Residential School for the Blind - Ramanagar, Roman and Catherine Lobo School for Blind - Mangaluru, Jyana Prajnya Blind Residential School - Mungod, Asha Kirana School for Blind - Chickmagalur, The Karnataka Welfare Association for the Blind - Bengaluru.

The valedictory was held on 14 January, 2019 at 3.00pm where Sri Mahantesh G K, Founder & Chairman of Samarthanam International & President of World Blind Cricket Ltd. WBC and CABI was the Chief Guest Principal of the college Rev. Dr Praveen Martis SJ, Presidents of Sahodaya, Mr Dhiraj Sequiera and Ms Jeshma D'Souza, Dr Alwyn D'Sa the former President of Sahodaya and Ms Chan-

drakala Assistant PRO of the College were present.

SAHODAYA, the Outreach Program for the empowerment of the Specially Abled was started in the year 2000 to conscientize the staff and the students of the college towards the issues and concerns of the specially abled. For the last 18 years, the movement has been working for and with the target groups consistently responding to their issues and concerns. It is heartening to note that thousands of Sahodaya volunteers of the past and present have imbibed the spirit of blossoming together and lent their mite for the empowerment of people with disabilities during their studies and even after they have passed out of the college.



Each participating school received a honorarium and outstation schools were provided free accommodation and a travel allowance. The winners of Cricket Tournament were awarded a Trophy along with a cash prize of Rs.10,000/- and the Runners up were awarded a Trophy along with a cash prize of Rs. 6,000/- . The winners of the Cultural Fest were awarded a Trophy along with a cash prize of Rs. 6,000/- and the Runners up a Trophy along with a cash prize of Rs. 4,000/-. Thus it was a historic day for st Aloysius college .

It was an enlightening experience for the Aloysians as they understood some of the difficulties of the visually impaired. They also realized how important it is to enjoy little things in life instead of cribbing over petty issues.

## Al-Connaissance

The Quiz Association of St. Aloysius college organized 'AL-CONNAISSANCE 2k18', A National Level Quiz competition on 15th December 2018 at Eric Mathais Hall. The Quiz was conducted by quiz master Mr. Savin D'Souza who is the secretary of the association.

The quiz was open to all the PUC and Degree students of Karnataka and Kerala state. From various colleges participants enrolled in large number. Two participants make a team. Through the prelims top 6 teams were selected for the finals.

Closing ceremony was graced by Directors of Admin Block and Xavier Block i.e. Dr. Alwyn D'sa and Dr. John D'silva. Cash prizes worth Rs. 5000 were distributed among for top 3 teams and e-certificates for all the participants were awarded. The Third Place was bagged by Mr. Mithuraj and Abdul Hashim of Government First Grade College, Carstreet, Mangalore.

The Second Place was bagged by Sarwin and Alistain of St. Aloysius PU College, Mangalore. The First Place was bagged by Shadrul and Shreyas of Lourdes Central School, Mangalore.

## A National level Animation & Multimedia Seminar

The Department of Computer Science, Application and Animation of St. Aloysius College (Autonomous) organised SPARKLE 2018, a National level Animation Seminar on 8th December 2018 in the Fr L.F. Rasquinha Hall, LCRI Block. This programme was sponsored by Star College Scheme. The chief guest of the event was Rev. Fr Denzil Lobo SJ, Director of AIMIT, Beeri campus. He inaugurated the seminar by the lighting of the lamp. The principal of St. Aloysius College Rev Dr Praveen Martis SJ presided over the function. The audience were then addressed by the chief guest where he commented, "We live in a volatile world and we need leaders who have creativity inculcated in them".

The speaker for the session was Mr. B.S Srinivas, CEO - VedAtma Animation Studios, (Secretary of ABAI). He spoke about the career options in New Age Media , he commented that "The New

Age Media" has been the key factor in globalisation which has also led to the 'death of distance'. The second session was taken up by Mr. Ganesh Papanna, director of Thought Cloud Studios, (Vice President of ABAI) in which he spoke about the importance of IP, challenges and opportunities in animation. He commented that "We live in a world where value of creativity is misused by commercial sources and copyrights". The last session was taken up by 3D Animator, Mr. Amith Sanjeev, Rolling Dice Studios where he highlighted the importance of working as a team

in the animation field.

The seminar also allowed the students to showcase their talent in the field through various competitions such as video ad making, poster designing and pencil sketching.

The fest concluded with a valedictory program. Mr Naveen Mascarenhas, HOD of the department of Computer Science welcomed the gathering. Various prize winners were felicitated. The vote of thanks was delivered by Mr Santhosh Notagar, convener of the fest. Overall, the fest turned out to be an insightful and a fun filled event.



## Commercio - 2019

The Department of Commerce conducted a four day event 'Commercio- 2019' from 16th to 19th of January, as a co-curricular activity for the commerce students to enhance their skills. The line up of competitions was inaugurated on 16th January by Mr. Jeevan Saldanha, CEO of Spectrum Industries, Mangalore, and Rev. Dr. Praveen Martis SJ, Principal, presided over the function. Dr. Suresh Poojary, Dean of Commerce, Mr. Paul D'Souza and Mr. Arjun Prakash, conveners of the event and other staff members were also present on the occasion.

Business Cartoon Competition on the theme 'Corporate Culture' was held on the 14th of January. The best cartoons were displayed at the Mother Teresa Peace Park to showcase the creativity of the students. Advertising copy making competition was conducted on 16th January where almost hundred students participated. Slogan

Singers - Voice against frauds and scams was organized on 17th January 2019, where students framed slogans against business scams.

Aside from the competitions, two lectures were also organized as part of the commerce week. A talk on Tax Reforms was delivered by Mr. Praveen Kandi, Assistant Commissioner of Central GST. He discussed tax reforms, types of taxes and the introduction of GST. He also advised students of the job opportunities available as GST practitioners. A lecture on Capital Market and Derivatives by Dr. Radhakrishna Sharma, Professor at Nitte Institute of Management, was also organized.

The Valedictory of the event held on 19th January with Dr. Preethi Keerthi D'Souza, Assistant Professor of Commerce at Mangalore University, as the Chief Guest and Rev. Fr. Pradeep Anthony SJ, Director of Arrupe Block, as the President.



## THE BAAP OF ALL FESTS; THE ALOYSIAN FEST



The inauguration of the National Level Fest “ALOYSIAN FEST 2019” was held on February 7, 2019 in the college premises. Renowned Cinema Actress, Ms Esther Noronha inaugurated the programme by unlocking the Treasure Box, containing the logos of the seven events held during the Fest. Rector of St. Aloysius institutions, Rev. Fr. Dionysius Vaz, SJ presided over the programme. Principal, Rev. Dr Praveen Martis, SJ., Registrar Dr A M Narahari Dr. Narayan Bhat- Coordinator, Dr Ratan Tilak Mohunta- Assistant Coordinator, Fr Melwyn Lobo SJ- Finance Officer, Directors of various blocks, Dr Alwyn D’sa, Fr Pradeep Anthony SJ, Dr Richard Gonsalves, John Edward D’silva and Relston Lobo, the President of Students’ Council were present on the dais.

This Aloysian Fest - 2019 comprised of fests such as ART-BEAT from the faculty of Arts, ACME from the faculty of Commerce, COMPOSITE from the faculty of BCA, IMPRINTS from the faculty of Science, SPINOUT from the faculty of BBA. In addition to this, there were two more fests. ASTITVA, the Cultural Fest of all the faculties and ALOYSIAD, the Sports Fest. More than 700 students from 70 College are participate in more than 90 events conducted by various faculties.

Actress Ester Noronha in her inaugural address, said, “It is indeed a privilege for me to be invited here as the Chief Guest, when there are so many eminent people out there. This Fest brings out the energy and talents among youth. I see so much life here, with enthusiastic and energetic students

all geared up to unleash their talents during this 3-day Fest”. She also said, “When I opened the treasure box, I felt like opening up our life treasure box, because we are treasures of ourselves, to our family, our community, the nation and world. She suggested the student community to keep their interest alive. “Winning is not important, but your participation is what counts. Along with academics, it is important to take part in the co-curricular activities also. This is an opportunity to explore your talents and art. Indulge yourself in various activities and keep yourself occupied”, she added.

Principal Fr Praveen Martis SJ said, “Art is an effort to create, beside the real world, a more human world. This Fest will give the students an ample opportunity to unleash their

hidden talents. Art, freedom and creativity will change society faster than politics. Experts say that we all have a wellspring of creative energy. The secret is how to tap it. So make the best use of this 3-day fest, and showcase your talents and come out in flying colors.” He wished the participants best of luck.

Rector Fr Dionysius Vas SJ in his presidential remarks said, “When you really want something, sometimes you have to swim a little deeper. You can’t give up just because things don’t come easy. You have to overcome the obstacles. If you believe in yourself, you will always come through with flying colors. He advised the students to value friendship, love and faith. he enlightened the spirit of sportsmanship This Fest is the platform where you showcase

your talents.”

Actress Esther Noronha entertained the crowd with the foot-tapping hit Konkani song-“Despacito”.

The programme was con- perred by Tanya Mathai, III B Com. Dr Narayana Bhat welcomed the gathering. The vote of thanks was proposed by the college president Relston Stuart Lobo.

The programme was then continued with various competitions conducted by the different department fests ending with their respective valedictory programmes on the second day. The cultural fest “ASTITVA” started on the second day and was a delight to watch . there were students across the country who participated in the fest .the participants congratulated the organisers for hosting the well organised program.





## Book release of “Gandhi: The soul force warrior”, authored by Ambassador (retd) Pascal Alan Nazareth.

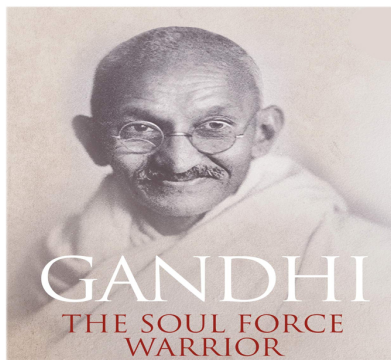


St. Aloysius College (Autonomous) Mangaluru and the Catholic Association of South Kanara (CASK) organised the book release of “Gandhi: The soul force warrior,” authored by Ambassador (retd) Pascal Alan Nazareth on 18 January, 2019 in Eric Mathaias Hall. Amb. Nazareth is a renowned Gandhian writer and a recipient of the U Thant Peace Award by the Sri Chinmoy Peace Meditation Group at the United Nations, for his 'Life Time of Dedication and World Service by promoting of the Gandhian Values of Truth, Non Violence, Communal Harmony and Humanitarian Service.' He shares this prestigious award with world peace leaders like Pope John Paul II, The Dalai Lama, Mother Theresa, Mikhail Gorbachev, Nelson Mandela and Desmond Tutu. This is his second book on Gandhi, the first being his widely acclaimed book Gandhi's Outstanding Leadership, also released at his alma mater the St. Aloysius College.

Mrs. Giselle Mehta, the author of 'Blossom Showers,' former IRS officer and a promoter of veganism gave an eloquent review-cum-overview of the released book. She pointed that the book brought out the soul force of Gandhi wherein he could shake the British Empire through a revolution unlike the ones never seen elsewhere. Amb. Nazareth explained to the audience his ambitious choice of calling Gandhi a “soul force warrior” while comparing the bloody revolutions that had taken around the world. Gandhi was able to answer the oppressor (the British) with his simple yet original and powerful techniques of truth and non-violence that relied on spirituality for which the British had no answer. Gandhi revolutionised the concept of ‘revolution’ and spiritualised it. Dr. Charles Lobo, the Chief Postmaster General of Karnataka Circle recommended the book to students, peace lovers and as an answer for the uneasy phase that

modern India faces.

Rev. Fr. Dionysius Vaz, the Rector of Aloysian institutions gave his presidential address in which he appreciated the works of Amb. Nazareth and drew the attention of the audience to remember Gandhi's talisman, “Whenever you are in doubt, or when the self becomes too much with you, apply the following test. Recall the face of the poorest and the weakest man [woman] whom you may have seen, and ask yourself, if the step you contemplate is going to be of any use to him [her]. Will he [she] gain anything by it? Will it restore him [her] to a control over his [her] own life and destiny? In other words, will it lead to swaraj [freedom] for the hungry and spiritually starving millions? Then you will find your doubts and yourself melt away.” Principal, Rev. Dr. Praveen Martis SJ welcomed and introduced the dignitaries. Dr. Derek Lobo, representative of CASK introduced Amb. Nazareth and Dr. Rose Veera D'Souza rendered the vote of thanks.



Top L- Kiran Kumar, Aiyappa Muckatira, Vipin Varghese P

Bottom L- Manu S P, Angel Jathanna, Iola Quadros, Adarsh Bhat

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## Hall of Fame



### International Level

1. DEORA D FERNANDES - Handball
2. DHRIKSHU KIRAN VASANT - Chess
3. ISRAR PASHA - Powerlifting
4. SHRAVAN MAHESH - Skating
5. VENIZEIA ANNIE CARLO - Powerlifting

### National Level

1. ANDRIA LOURDES DSOUZA - Chess
2. LIKITHA J - Karate
3. AMSHITHA N RAI - Football
4. DHRIKSHU KIRAN VASANT - Chess
5. B VENKATESH V RAO - Badminton
6. HEMOSHREE GHOSH - Badminton
7. RACHAEL FLORA NORONHA - Powerlifting
8. JANCILA TERESA CUTINHA - Football
9. RAJATH RANCHAN - Karate
10. NIDHISHREE DEVADAS - Badminton



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